

<b>PATIENT'S INFORMATION:</b>		Gender	M	F	Do you have an advanced directive?	Yes	No
Last Name		First		Middle			
Physical Address		City		State		Zip	
Mailing Address		City		State		Zip	
Email Address: _____							
Home Phone # (____)		Work Phone # (____)		Cell # (____)			
Date of Birth		/		/		Social Security # _____ - _____ - _____ Driver's License # _____ State _____	
Marital Status: Married _____ Single _____ Widowed _____ Divorced _____							
Preferred Language		Ethnicity: Hispanic/Latino _____ Not Hispanic/Latino _____ Race _____		(Ex. Black, White, Asian, Other)			
Full Time Student: _____ Yes _____ No School Name: _____							
Employer		Employer's Phone # (____)					
Employer's Address:		City		State		Zip	
Name of Spouse (If Applicable)		Date of Birth		/		/	
Spouse's Employer		Spouse's Phone # (____)					
Employer's Address:		City		State		Zip	
Nearest Relative/Friend (Not Living with You)		Phone # (____)					
<b>IF PATIENT IS A MINOR (Age 17 &amp; under)</b>							
Guarantor's Name		Relationship to patient					
Date of Birth		/		/		Social Security # _____ - _____ - _____ Driver's License # _____ State _____	

**INSURANCE INFORMATION: (Copies of your insurance cards are required)**

Name of Primary Policy Holder \_\_\_\_\_ Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Name of Secondary Policy Holder \_\_\_\_\_ Date of Birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

I understand that as part of my healthcare, this practice originates and maintains health records & x-rays, that includes my health history, symptoms, examination, test results, diagnosis, treatment, and future treatment. The health records & x-rays will be retained by Orthopedic & Sports Medicine Associates L.L.P., even if my healthcare provider leaves the practice.

Signature of Patient/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

By signing below, you consent to the use and disclosure of your protected health information by Orthopedic & Sports Medicine Associates, our staff, and our business associates for treatment, payment and health care operations. For a detailed description of uses and disclosures for these purposes, please review our Notice of Privacy Practices, located on our website or may be requested at our office.

By signing below, you also consent to the request, and use, of your prescription medication history from other healthcare providers, pharmacies, and benefit payers for treatment purposes.

Signature of Patient/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

As the party responsible for medical decision making for the minor child represented in this medical record, I give my consent to O.S.M.A. to render both emergency and non-emergency healthcare services both in and out of physical presence.

Signature of Patient/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Welcome to Orthopedic & Sports Medicine Associates. We are dedicated to providing you the best possible orthopedic care. Our office hours are Mon.-Thurs. 8:30-5:00, Fri. 8:30-12:00.

#### Medication Policy

We do not renew prescriptions after office hours or on weekends. Please contact your pharmacy for all medication refills. Refill requests received after 4:30 p.m. Mon – Thurs. and 11:30 a.m. on Friday will not be refilled until the next business day.

What Pharmacy do you use? \_\_\_\_\_

Pharmacy location? \_\_\_\_\_

#### Cancellation Policy

If you need to cancel an appointment we ask that you give us at least 24 hours notice. If you no show your appointment you will be charged a \$35.00 fee.

If you have an emergency after hours dial **911** or go to the nearest emergency room.

**By signing below, you are giving us permission to download your prescription drug history, and agreeing that you have read and understand our cancellation and prescription renewal policy**

\_\_\_\_\_  
Signature of patient or legal guardian

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date

#### COLLECTION/PAYMENT POLICY

We are committed to providing our patients with the best possible medical care and minimizing administrative costs. This Financial Policy has been established with these objectives in mind, and to avoid any misunderstanding or disagreement concerning payment for professional services.

- Our office participates with numerous insurance companies and managed health care programs. For patients that are members of one of these plans, our business office will submit a claim for services rendered. If a patient has insurance that we do not participate in, our office is happy to file the claim upon request: **however, payment in full is expected at the time of service.**
- It is the patient's responsibility to pay any deductible, co-payment, or any portion of the charges as specified by the plan at the time of visit. Any medical services not covered by an individual's insurance plan are the patient's responsibility and payment in full is due at the time of visit.
- **Payment for professional services can be made with cash, checks, MasterCard, Visa, Discover, or Care Credit.**
- If a patient feels that he or she may require financial assistance, they should ask to speak to the patient accounts manager. Patients that do not have insurance are expected to pay for professional services at time of service unless prior arrangements have been made.
- I understand that **I will be legally responsible for all collection costs** involved with the collection of this account including court cost, reasonable attorney fees, and all other expenses incurred with collection if I default on any unpaid balance.
- It is the patient's responsibility to ensure that any required referrals for treatment are provided to the practice **before the visit.** Visits may be rescheduled, or the patient may be financially responsible due to lack of the referral.
- It is the patient's responsibility to provide us with current insurance information and to bring their insurance card to each visit.
- Our staff will be happy to answer questions relating to how a claim was filed, or regarding additional information requested from the insurance carrier. However, specific coverage issues will need to be addressed by the insurance company's member services department at the number on your insurance card.

#### Responsible Party for Minors (under 18 years of age)

- **We assign all financial responsibility to the parent/guardian that completes and signs the patient registration form. Any amount due at the time of service is expected from the parent/guardian accompanying the minor at the visit. In the event that a divorce decree assigns distinct financial responsibility for medical bills to another individual, we still hold the registering parent/guardian responsible.**

Our practice firmly believes that a good physician/patient relationship is based upon understanding and good communications. Questions about financial arrangements should be directed to the physician's office. We are here to help you. **Please sign and date that you have read and agree with the Financial Policy of Orthopedic & Sports Medicine Assoc. L.L.P.**

\_\_\_\_\_  
Signature of Patient/Responsible Party Date

## PATIENT HISTORY FORM

Date: \_\_\_\_\_

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ Sex: M\_\_\_\_ F\_\_\_\_

How were you referred to our office: **Physician** \_\_\_\_ **Magazine** \_\_\_\_ **Internet** \_\_\_\_ **Newspaper** \_\_\_\_ **TV** \_\_\_\_ **Other** \_\_\_\_

Name of Referring Physician: \_\_\_\_\_

Your Primary Care Physician: \_\_\_\_\_ Cardiologist: \_\_\_\_\_

Pain Management Physician: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

### CHIEF COMPLAINT

REASON FOR TODAY'S VISIT: \_\_\_\_\_

WHEN DID YOUR INJURY OR PROBLEM BEGIN: \_\_\_\_\_

DO YOU CONSIDER THIS WORK RELATED: \_\_\_\_ Yes \_\_\_\_ No When was it reported to your employer? \_\_\_\_\_

IS THIS RELATED TO A CAR ACCIDENT: \_\_\_\_ Yes \_\_\_\_ No

### PATIENT MEDICAL HISTORY

LIST ANY MEDICAL PROBLEMS YOU HAVE: \_\_\_\_\_

### LIST ALL MEDICATION YOU ARE TAKING

NAME OF MEDICATION	DOSE	HOW OFTEN	REASON

DO YOU HAVE ANY ALLERGIES? Yes \_\_\_\_ No \_\_\_\_

ASPIRIN \_\_\_\_ SULFA \_\_\_\_ PENICILLIN \_\_\_\_ ANESTHETIC \_\_\_\_ LATEX \_\_\_\_ OTHER \_\_\_\_\_

PAST SURGERIES: \_\_\_\_\_

Problem with Anesthesia: \_\_\_\_\_

### FAMILY HISTORY

What illnesses run in your family? \_\_\_\_\_

### SOCIAL HISTORY

Dominant Hand: Right \_\_\_\_ Left \_\_\_\_

Occupation: \_\_\_\_\_ Employed by: \_\_\_\_\_

Married \_\_\_\_ Widowed \_\_\_\_ Divorced \_\_\_\_ Separated \_\_\_\_ Single \_\_\_\_ How many children? \_\_\_\_\_

How much do you Smoke? \_\_\_\_\_ How much Alcohol do you Drink? \_\_\_\_\_

Have you ever used street drugs? Yes \_\_\_\_ No \_\_\_\_ If so when was the last time? \_\_\_\_\_ What drug? \_\_\_\_\_

Do you exercise? Yes \_\_\_\_ No \_\_\_\_

Recent weight gain: Yes \_\_\_\_ No \_\_\_\_ Recent Weight Loss: Yes \_\_\_\_ No \_\_\_\_ Intentional: Yes \_\_\_\_ No \_\_\_\_

Do you use a: Wheelchair \_\_\_\_ Walker \_\_\_\_ Cane \_\_\_\_ Who do you live with? \_\_\_\_\_

## Physician Assistant Consent

This practice utilizes a Physician Assistant to assist in the delivery of orthopedic care.

A Physician Assistant is a graduate of a certified training program and is licensed by a state board. Under the supervision of a physician, a Physician Assistant can diagnose, treat, and monitor common, acute and chronic orthopedic problems and disease provide health maintenance. "Supervision" does not require the constant physical presence of the supervising physician, but rather overseeing the activities of and accepting responsibility for the medical services provided.

The relationships of physician/physician assistant are based on mutual respect and trust which allows the ability to provide the highest quality of care possible for their patients.

A Physician Assistant provides medical services that are within his/her education, training and experience. These services may include:

- ❖ Obtaining histories and performing physical exams
- ❖ Ordering and/or performing lab test, imaging studies, etc.
- ❖ Developing and implementing a treatment plan
- ❖ Monitoring the effectiveness of therapeutic interventions
- ❖ Assisting at surgery
- ❖ Suturing, splinting, and casting
- ❖ Offering counseling and education
- ❖ Supplying sample medications and writing prescriptions
- ❖ Making appropriate referrals

I understand that at any time I can refuse to see the Physician Assistant and request to see a physician.

Physician Assistants' services maybe billed separately from the physician. Insurances vary on covering the services of the Physician Assistant. If you have a concern, please speak to the front desk.

I have read the above, and \_\_\_\_ CONSENT \_\_\_\_DO NOT CONSENT to the services of a Physician Assistant for my health care needs.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

### Authorization for Use and Disclosure of Protected Health Information (PHI)

I, \_\_\_\_\_, hereby authorize **Orthopedic & Sports Medicine Assoc.** to use and/or disclose my protected health information (PHI) to the following:

[Name of persons(s) or organization(s) authorized to **receive/release** my health information]

Name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

#### How to Contact:

I wish to be contacted in the following manner:

☐ Home Phone ☐ Cell Phone ☐ Work Phone

☐ OK to leave detailed medical information

☐ Leave message with call back number only

- I understand that signing this Authorization is voluntary and that if I refuse to sign this form it will not prevent receipt of health care or eligibility for benefits under a health plan.
- I understand that I am entitled to receive a copy of this form upon signing it.
- I understand that if the organization or individual authorized to receive the information is not a health plan or health care provider, the released information may no longer be protected by federal privacy regulations.
- I understand that I have a right to revoke this Authorization, but I must send a written revocation to **Orthopedic & Sports Medicine Assoc., 321 N. Highland Ave Ste 120, Sherman, TX 75092**. I also understand that the revocation date applies to uses and disclosures made after the revocation is made.

This authorization will remain in effect until: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
(Date of Expiration)

\_\_\_\_\_  
Signature of Patient or Representative    Printed Name of Patient or Representative

Date signed: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

**Orthopedic and Sports Medicine Assoc. LLP**  
**321 N Highland Ave Ste 120**  
**Sherman, TX 75092**

**PATIENT RESPONSIBILITY AGREEMENT FOR CONTROLLED SUBSTANCE PRESCRIPTIONS**

Controlled substance medications (i.e. narcotics, tranquilizers and barbiturates) are very useful but have a high potential for misuse and are, therefore, closely controlled by local, state and federal governments. They are intended to relieve pain, thus improving function and/or ability to work. Because my physician may prescribe controlled substance medications to help manage my pain, I agree to the following conditions:

1. **I am responsible for the controlled substance medications prescribed to me.** If my prescription is lost, misplaced or stolen or if I "run out early," **I understand that it will not be replaced.**
2. **Refills** of controlled substance medications:
  - a. **Will be made only during regular office hours** Monday through Friday, 8:30 - 4:30 or by 11:30 on Friday. Refills will not be made at night, on weekends, or during holidays. **Call your pharmacy for refills.**
  - b. **Will not be made** if I "run out early," or "lose a prescription," or "spill or misplace my medication." I am responsible for taking the medication in the dose prescribed and for keeping track of the amount remaining.
  - c. **Will not be made** as an "emergency," such as on Friday afternoon because I suddenly realize I will "run out tomorrow." I will call at least twenty-four (24) hours ahead if I need assistance with a refill.
  - d. **If medication is stolen a police report must be on file.**
3. It may be deemed necessary by my doctor that I see a pain-management specialist at any time while I am receiving controlled substance medications. I understand that if I do not attend such an appointment, my medication may be discontinued or may not be refilled beyond a tapering dose to completion. I understand that if the specialist feels that I am at risk for psychological dependence (addiction); my medications will no longer be refilled.
4. I agree to comply with random urine, blood, or breath testing, documenting the proper use of my medications as well as confirming compliance. I understand that driving a motor vehicle may not be allowed while taking controlled substance medications and that it is my responsibility to comply with the laws of the state while taking the prescribed medications.
5. I understand that **if I violate any of the above conditions**, my prescription for controlled substance medications may be terminated **immediately**. If the violation involves obtaining controlled substance medications from another individual, or the concomitant use of nonprescribed illicit (illegal) drugs, I may also be reported to all my physicians, medical facilities and appropriate authorities.
6. I understand that the **long-term advantages and disadvantages of chronic opioid use have yet to be scientifically determined** and my treatment may change at any time. I understand, accept and agree that there may be unknown risks associated with the long-term use of controlled substances and that my physician will advise me of any advances in this field and will make treatment changes as needed.
7. I understand it is not our policy to prescribe narcotics for undiagnosed pain.
8. If medication is needed beyond the normal post-operative period, or if pain persists after completion of non-surgical treatment, you will be referred to a pain management program so that a team of specialists can help you with your persistent pain. At this point, I understand that I will be given all pain medications from the pain specialists, and not from your office. The pain specialist will keep your office notified of my progress.
9. I agree to have all prescriptions for controlled substances filled at the same pharmacy. Should the need arise to change pharmacies, the practice will be notified. The pharmacy I have selected is:

Pharmacy Name: \_\_\_\_\_ Phone: \_\_\_\_\_

I know that some individuals may develop a tolerance to the medication, necessitating a dose increase to achieve the desired effect and there is a risk of becoming physically dependent on the medication. I know that it may be necessary to stop taking the medication. If so, I must do this under medical supervision, and I may have withdrawal symptoms.

Patient Printed Name \_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Place a check by any of the conditions that apply to you. If there have not been any changes since your last visit check here: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

#### Constitutional

\_\_\_\_ Night Sweats  
\_\_\_\_ Anorexia  
\_\_\_\_ Chills  
\_\_\_\_ Diaphoresis  
\_\_\_\_ Recent Illness  
\_\_\_\_ Fatigue  
\_\_\_\_ Fever  
\_\_\_\_ Insomnia  
\_\_\_\_ Malaise  
\_\_\_\_ Weight Gain/Obesity  
\_\_\_\_ Weight Loss

#### Eyes

\_\_\_\_ Blindness  
\_\_\_\_ Vision Change  
\_\_\_\_ Visual Disturbance  
\_\_\_\_ Amblyopia  
\_\_\_\_ Cataract  
\_\_\_\_ Diabetic Retinopathy  
\_\_\_\_ Glaucoma  
\_\_\_\_ Macular Degeneration

#### Ears/Nose/Throat/Neck

\_\_\_\_ Cancer of Head and Neck  
\_\_\_\_ Dental Pain  
\_\_\_\_ Gastroesophageal Reflux  
\_\_\_\_ Nasal Allergies  
\_\_\_\_ Sleep Apnea-Obstruction  
\_\_\_\_ Sleep Disordered Breathing  
\_\_\_\_ Snoring

#### Cardiovascular

\_\_\_\_ Arrhythmia  
\_\_\_\_ Chest Pain/Pressure  
\_\_\_\_ Claudication  
\_\_\_\_ Dyspnea  
\_\_\_\_ Edema  
\_\_\_\_ Exercise Intolerance  
\_\_\_\_ Fatigue  
\_\_\_\_ Hypertension  
\_\_\_\_ Near-Syncope/Dizziness  
\_\_\_\_ Palpitations  
\_\_\_\_ Syncope

#### Respiratory

\_\_\_\_ Asthma  
\_\_\_\_ Productive Sputum  
\_\_\_\_ Apneic Events  
\_\_\_\_ Chest Congestion  
\_\_\_\_ Chest Tightness  
\_\_\_\_ Cigarette Smoking  
\_\_\_\_ Cough  
\_\_\_\_ Dyspnea on exertion  
\_\_\_\_ Dyspnea  
\_\_\_\_ Foul Smelling Sputum  
\_\_\_\_ Hemoptysis  
\_\_\_\_ Occupational Exposure  
\_\_\_\_ Passive Smoking

#### Gastrointestinal

\_\_\_\_ Hemorrhoids  
\_\_\_\_ Hepatitis  
\_\_\_\_ Abdominal Pain  
\_\_\_\_ Anorexia  
\_\_\_\_ Constipation  
\_\_\_\_ Diarrhea  
\_\_\_\_ Dysphagia

#### Gastrointestinal (continued)

\_\_\_\_ Gastroesophageal Reflux  
\_\_\_\_ Jaundice  
\_\_\_\_ Melena  
\_\_\_\_ Vomiting

#### Musculoskeletal

\_\_\_\_ Stiffness  
\_\_\_\_ Swelling  
\_\_\_\_ Arthralgia(s)  
\_\_\_\_ Back Pain  
\_\_\_\_ Bone Fracture  
\_\_\_\_ Carpal Tunnel Syndrome  
\_\_\_\_ Joint Complaint  
\_\_\_\_ Muscle Weakness  
\_\_\_\_ Myalgias  
\_\_\_\_ Neck Pain  
\_\_\_\_ Osteoporosis  
\_\_\_\_ Sciatica  
\_\_\_\_ Shoulder Pain

#### Dermatologic

\_\_\_\_ Rash  
\_\_\_\_ Sores  
\_\_\_\_ Acne Vulgaris  
\_\_\_\_ Arthropod Bite  
\_\_\_\_ Callus  
\_\_\_\_ Cellulitis  
\_\_\_\_ Ecchymosis  
\_\_\_\_ Herpes Simplex  
\_\_\_\_ Keloid  
\_\_\_\_ Lupus Erythematosus  
\_\_\_\_ Melanoma  
\_\_\_\_ Neoplasm  
\_\_\_\_ Pyogenic Granuloma  
\_\_\_\_ Skin Cancer

#### Neurologic

\_\_\_\_ Dizziness  
\_\_\_\_ Dyskinesia or Tremor  
\_\_\_\_ Gait Abnormality  
\_\_\_\_ Headache  
\_\_\_\_ Back Pain  
\_\_\_\_ Facial Pain  
\_\_\_\_ Generalized Pain  
\_\_\_\_ Limb Pain  
\_\_\_\_ Neck Pain  
\_\_\_\_ Paresis  
\_\_\_\_ Paresthesia  
\_\_\_\_ Seizure  
\_\_\_\_ Spasms/Spasticity  
\_\_\_\_ Syncope  
\_\_\_\_ Vertigo

#### Psychiatric

\_\_\_\_ Alcohol Abuse  
\_\_\_\_ Anxiety  
\_\_\_\_ Conversion/Dissociative Phenom  
\_\_\_\_ Depression  
\_\_\_\_ Disturbances of Consciousness  
\_\_\_\_ Disturbances of Emotion  
\_\_\_\_ Disturbances of Memory  
\_\_\_\_ Disturbances of Thinking  
\_\_\_\_ Drug Abuse  
\_\_\_\_ Eating Disorder  
\_\_\_\_ Hallucination  
\_\_\_\_ Mania

#### Psychiatric (continued)

\_\_\_\_ Psychosis  
\_\_\_\_ Suicidality

#### Endocrine

\_\_\_\_ Diabetes Mellitus Type 1  
\_\_\_\_ Diabetes Mellitus Type 2  
\_\_\_\_ Adrenal Excess  
\_\_\_\_ Adrenal Insufficiency  
\_\_\_\_ Hypercalcemia  
\_\_\_\_ Hyperglycemia  
\_\_\_\_ Hyperlipidemia  
\_\_\_\_ Hyperthyroidism  
\_\_\_\_ Hypocalcemia  
\_\_\_\_ Hypothyroid  
\_\_\_\_ Obesity  
\_\_\_\_ Pheochromocytoma  
\_\_\_\_ Secondary amenorrhea  
\_\_\_\_ Oligomenorrhea  
\_\_\_\_ Chills

#### Hematologic/Lymphatic

\_\_\_\_ Abnormal Ecchymoses  
\_\_\_\_ Petechiae  
\_\_\_\_ Abnormal Bleeding  
\_\_\_\_ Bruising  
\_\_\_\_ Anemia  
\_\_\_\_ Arterial Thrombosis  
\_\_\_\_ Leukocytosis  
\_\_\_\_ Leukopenia  
\_\_\_\_ Lymph Node Enlargement/Mass  
\_\_\_\_ Neutropenia  
\_\_\_\_ Prolonged Bleeding Time  
\_\_\_\_ Prolonged PT (INR)  
\_\_\_\_ Pulmonary Embolus  
\_\_\_\_ Thrombocytopenia  
\_\_\_\_ Thrombocytosis  
\_\_\_\_ Venous Thrombosis

#### Allergy/Immunology

\_\_\_\_ Anaphylactoid Reaction  
\_\_\_\_ Angioedema  
\_\_\_\_ Food Allergy (What Kind?)  
\_\_\_\_ Rhinitis  
\_\_\_\_ Urticaria

#### Medications

Are you taking any new medications? Yes or No

Please List \_\_\_\_\_

Have you discontinued any medications? Yes or No

Please List \_\_\_\_\_

Have you changed any medications? Yes or NO

Please List \_\_\_\_\_